

Evaluating your CPD activities form

Name	CPD year	Registration ID	Signature	Date

Provider:	Number of CPD hours claimed for this activity:
Learning activity was planned/unplanned <i>(delete as appropriate)</i>	
Description of activity	
My learning objective related to this activity <i>(n/a if activity was unplanned)</i>	
What experience did I gain from this? <i>(What did I get out of it? What went well? What would have improved my learning?)</i>	
How have I applied this to my professional work as an osteopath?	
What further learning do I need in this area?	